

# NEWSLETTER

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## Empowering Employers with Bundle Payment Solution

SpineMed Specialists' Bundle Payment Solution offers self-insured employers a powerful way to manage the rising costs of spinal surgeries while ensuring employees and their families achieve optimal recovery and a swift return to work. With spine surgery cases increasing due to aging populations, obesity, and medical advancements, employers face critical questions.

- How do I ensure my employees receive top-quality care?
- How can I help them recover quickly and return to work?
- How do I guide them to make informed decisions about their surgery?
- How can I effectively control costs while improving outcomes?
- How can I save employees out of pocket medical expenses.

SpineMed Specialists addresses these challenges, delivering clarity, quality, and value.



**“This is one of the BEST places to go to help relieve your pain. The staff, from reception to discharge, are informed, friendly, and professional!!”**



### Clarity Through Transparency

Navigating spinal surgery can be daunting without clear insights into cost, quality, and outcomes. We collect data on patient outcomes, recovery metrics, and patient experiences, ensuring transparency.

### Proven Quality and Results

Our team delivers consistently superior outcomes by adhering to standardized, evidence-based treatment protocols and focusing exclusively on spine care. Our data-driven approach includes tracking critical metrics such as:

- Pain resolution and functional improvement
- Complication and readmission rates
- Patient satisfaction

This dedication to quality drives continuous improvement, as our results are benchmarked against thousands of cases nationwide.

# Aligned Incentives with Bundled Pricing

Our bundled payment model ensures cost predictability and aligns incentives across care teams. A single payment covers all facility, anesthesia, implant, surgeon, and ancillary costs, including support services, patient education, and **30-day readmission coverage for postoperative complications.**

This approach fosters accountability, improves outcomes, and reduces financial uncertainty for employers. We provide upfront fees based on the primary surgical procedure, so you know the exact cost immediately after the surgeon completes their assessment. **No surprise fees!**



## SpineMed Specialists Bundle Payment Solution Results Are Impressive

- Our ambulatory surgery center has **40% fewer** complications and readmissions in elective spine cases than the national average.
- **\$20,000 or more** average cost savings per surgery compared to hospital inpatient cost.
- **45% lower costs**, on average, compared with median hospital inpatient costs in the same metropolitan areas.

## Experienced Care

With over **30 years of combined experience**, our physicians are true neurosurgery, spine surgery, and interventional pain management experts. Our physicians include board-certified neurosurgeons, fellowship-trained in minimally invasive and complex spinal surgery, and board-certified interventional pain specialists with advanced fellowship training dedicated to delivering top-tier care. We operate a state-licensed **ambulatory surgery center**, approved by the Centers for Medicare and Medicaid Services (CMS), equipped to provide spine surgery and interventional pain services.

**As the only spine-dedicated ASC and the sole Det Norske Veritas (DNV)-certified Spine Center of Excellence in Kansas**, we set the standard for exceptional spine care in the region. Midwest Surgery Center's state-of-the-art facility integrates modern design with advanced medical technology, providing patients with a streamlined and speedy recovery experience.

## Compassionate Support Every Step of the Way

Patients benefit from personalized guidance from dedicated experienced nurses and staff. From exploring non-surgical options like physical therapy, to understanding surgical procedures, and recovery expectations, our team ensures patients are well-prepared and confident. After surgery, we continue to engage with patients, supporting their rehabilitation and addressing any concerns to provide lasting recovery.



# Take Action to Secure Better Outcomes

- As you evaluate solutions to manage the rising demand for spine surgeries, ask yourself:
- What growth in spine surgeries do you anticipate for your self insurance plans covered subscribers ? workforce?
- Are you seeing significant variations in cost and quality across regions?
- Are you seeking decreased medical out of pocket expenses for employees?
- How are you ensuring access to top-quality care supported by experienced specialists?
- Answering these questions can lead to better-informed employees, improved healthcare decisions, and faster recoveries. With SpineMed Specialists, you gain a **trusted partner** in delivering quality care, reducing costs, and enhancing employee well-being.



## Comprehensive Performance Monitoring

We evaluate our program annually, focusing on:

- Volume and outcomes
- Complication and readmission rates
- Best practices and team credentials
- Support services and follow-up care
- We actively compare our patient quality metrics and reported outcomes to the American Spine Registry (ASR) and establish benchmarks to drive continuous quality improvement. We enhance treatment strategies and patient safety by identifying opportunities to refine care pathways. The ASR, a national initiative led by the American Association of Neurological Surgeons (AANS) and the American Academy of Orthopaedic Surgeons (AAOS), collects and analyzes spine procedure data to advance patient outcomes and promote evidence-based decision-making. Through data-driven insights, we strive to optimize spine care and achieve better results.

This rigorous review process ensures we consistently deliver exceptional care and outcomes for employers and their employees.



“I had a great experience. Walked in with not much mobility and 2 months later improved 80%. Dr. Frimpong and staff are amazing and very friendly. Would definitely recommend them to others!”



# Sources

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## Get To Know

# SpineMed Specialists dba Pain Management Associates and Midwest Surgery Center

Dr. Frimpong earned his Doctor of Osteopathic Medicine from Lake Erie College of Osteopathic Medicine in 2008. He completed his neurosurgery residency at Virginia Tech Carilion Neurosurgery in 2016. Further enhancing his expertise, Dr. Frimpong pursued a fellowship in minimally invasive and complex spine surgery at Bassett Healthcare, affiliated with Columbia University College of Physicians and Surgeons, in 2017. Dr. Frimpong is dedicated to providing personalized care.

Dr. Sigler is a board-certified physician in Physical Medicine & Rehabilitation (PM&R) and sports medicine, with a strong focus on pain management and spine care. He expertly treats a broad range of spine and pain-related conditions such as neck pain, back pain, disc issues, sciatica, shoulder, hip, knee, and joint pain, as well as nerve pain, tendinitis, migraines, sports injuries, and chronic pain syndromes.

With an impressive background that includes over a decade in healthcare, Sarah brings a wealth of experience and a diverse skill set to SpineMed Specialists. After earning her BSN from Wichita State University and her MSN from Maryville University, she became a dual-boarded Nurse Practitioner in 2017. Since then, she has worked across various medical specialties, gaining expertise in both inpatient and outpatient care.

SpineMed Specialists and Pain Management Associates provide world class services for workers compensation, all major insurances, Medicare, and self-pay services to improve function and reduce pain and disability in a compassionate, timely and cost effective manner. SpineMed Specialists and Pain Management Associates strive to be the patient advocate and payor's insider for the best possible outcome



**Dr. Thomas Frimpong**



**Dr. James Sigler**



**Sarah Martinez APRN**

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